



Youth Leadership Victoria
OSHC












St Joseph's Vacation Care Schedule SEPTEMBER/OCTOBER 2020

Program location: ST JOSEPHS PRIMARY SCHOOL 33 ST JOHN'S AVENUE, SPRINGVALE 3171

For more info contact your Educator on: [0402 106 679] or visit YLV.COM.AU

Please provide your child with a packed lunch, snacks for morning/afternoon tea, and a refillable water bottle.

Please respect our Nut Free policy and ensure your child doesn't bring money or electronic devices to Vacation Care.

| MONDAY 21 ST SEPTMEBER | TUESDAY 22 ND SEPTEMBER | WEDNESDAY 23 RD SEPTEMBER | THURSDAY 24 TH SEPTEMBER | FRIDAY 25 TH SEPTEMBER |
|--|--|--|---|---|
| <p><u>Wheels Day</u></p> <p>Bring your favourite set of wheels along for a day. NO HELMET - NO PLAY! Other activities for the day:</p> <ul style="list-style-type: none"> • Painting with toy cars and truck wheels. <p>Games:</p> <ul style="list-style-type: none"> • Poison ball, silent ball. • Plus more group games.  | <p><u>Cook of the Day</u></p>  <p>Come along and create a healthy poster, napkin folding and decorate the room with paper chains. Make your own healthy veggies wrap for lunch. Trivia quiz show to test your cooking skills. Decorate apple fruit doughnut for afternoon tea. Movie: Alvin and the Chipmunks.</p> | <p><u>Calm-Down Techniques</u></p> <p>Come and try one of these techniques to relax your body and mind!</p> <ul style="list-style-type: none"> • Try an inversion. • Visualize a quiet place. • Do the downward facing dog pose. • Make your own shaker glitter jar. • Repeat a mantra and count backwards from 100. <p>Enjoy strawberry yogurt for afternoon tea</p>  | <p><u>X- FACTOR PARTY</u></p>  <p>Today is a chance for you to be a rising star Have a rock n roll makeover with crazy hair, and henna</p> <p>Celebrate the end of the holidays with some singing dancing fun</p> | <p><u>Footy Fever</u></p>  <p>Come dressed in your footy team colours. Activities include:</p> <ul style="list-style-type: none"> • Craft stick footy photo frame. • Football paper chain. • Make your own paint and stuff football or mask. <p>Games like sing your club theme song and play a game of Aussie Rules, footy ball toss and lots more.</p>  |
| MONDAY 28 TH SEPTEMBER | TUESDAY 29 TH SEPTEMBER | WEDNESDAY 30 TH SEPTEMBER | THURSDAY 1 ST OCTOBER | FRIDAY 2 ND OCTOBER |
| <p><u>ARTS AND CRAFTS</u></p> <p>Show us your drawing, colouring and craft skills! Have the free to draw/craft whatever you like.</p>  | <p><u>Sports day</u></p> <p>Today is all about having fun playing your favourite sportive games, some of the games include</p> <ul style="list-style-type: none"> - Tennis / Basketball / Soccer - Fitness training <p>READY STEADY GO!!!!!!!!!!!!!!</p> <ul style="list-style-type: none"> - Fast laps, beat the clock - Long jump + sprint races - Skipping - Hulu Hoopes  | <p><u>SUPERHERO DAY!</u></p> <p>Come dressed as your favourite superhero today!</p>  <p><u>Activities Include:</u></p> <p>Make a paper plate superheroes/ Make icy-pole stick superheroes/ Make a superhero mask/ Participate in superhero games: Bean Bag Attack, Superhero Treasure Hunt and super-duper obstacle course/ Make Spider Web Snacks/ Make your own cape</p> | <p><u>Spring into Gardening</u></p> <p>Come along + get your hands dirty as we</p> <ul style="list-style-type: none"> - Active - Paint + decorate pots - Plant veggie - Create your own paper flowers with a garden windmill. <p><u>Afternoon snack:</u> Platter of Fruit and veggies</p>  | <p><u>Happy 20th Birthday to YLV</u></p> <p>Lets celebrate YLV's 20th birthday with loads of fun activities.</p> <ul style="list-style-type: none"> • Decorate a party crown. • Pass the parcel. • Limbo rock. • Musical games. <p>Then end the day with birthday cake and party food.</p>  |

Save Time - Book online! Visit: YLV.COM.AU